

**San Fernando Valley
Quick Reference Guide
for those who live without shelter**

MEAL/SHOWER PROGRAMS

San Fernando Valley Rescue Mission

(818) 785-4476

www.sanfernandovalleyrescuemission.org

MONDAY - VAN NUYS

Valley Lighthouse Church

6150 Tyrone Avenue (near Calvert)

Meal 12 – 1PM; **Showers** 9:30 – 11:15AM

TUESDAY - N. HOLLYWOOD

First Baptist Church

11210 Otsego Street (x street Lankershim Blvd.)

Meal 10:30 – 11:30AM; **Showers** 9 – 10:15AM

SUN VALLEY

Iglesia Aposento Alto

11039 Cantara Street (corner of Ensing St.
near San Fernando Rd. and Sunland Blvd.)

Meal 12 – 1PM; **Showers** 10:30 – 11:45AM

WEDNESDAY - RESEDA

Iglesia Apostolica en la fe de Cristo Jesus de Reseda

18403 Sherman Way

(across from RMA Super Thrift, east of Reseda Blvd.)

Meal 12 – 1PM; **Showers** 9:30 – 11:15AM

THURSDAY - VAN NUYS

Central Lutheran Church

6425 Tyrone Avenue

(off Victory, 2 blocks east of Van Nuys Blvd.)

Meal 12 – 1PM; **Showers** 9:30 – 11:15AM

FRIDAY - WINNETKA

Our Redeemer Lutheran Church

8520 Winnetka Avenue

(across from Winnetka Park, x street Chase St.)

Meal 12 – 1PM; **Showers** 9:30 – 11:15AM

SATURDAY (2nd, 4th and 5th) - VAN NUYS

Van Nuys Civic Center

6262 Van Nuys Blvd.

(in front of Probation Office)

Meal 4PM; **Showers** (not available)

North Valley Caring Services

15453 Rayen Street, North Hills 91343

(off Sepulveda between Parthenia St. and Nordhoff St.)

(818) 891-0481

www.nvcsinc.org

MONDAY, WEDNESDAY, FRIDAY

Meal only 7 - 9AM

MEAL PROGRAMS (cont)

MEND

10641 San Fernando Road, Pacoima 91331

(818) 897-2443 – call for schedule changes

www.mendpoverty.org

TUESDAY – FRIDAY

Meal only 9AM - 5PM

SHELTERS

L.A. Family Housing

Families

7843 Lankershim Blvd.

North Hollywood 91605

(818) 982-4091

www.lafh.org

PATH Glendale

Individuals and families

437 Fernando Court

Glendale 91204-2723

(818) 246-7900

www.achieveglendale.org

**Hope Gardens
of Union Rescue Mission**

Women with children

Sun Valley

(213) 347-6300

www.urm.org

FOOD PANTRIES

First Christian Church

4390 Colfax Avenue, Studio City 91604

(818) 980-1657

www.fccnh.org/food.htm

MONDAY & FRIDAY 10AM – 1PM

Jewish Family Service of LA/SOVA

16439 Vanowen Street, Van Nuys 91406

(818) 988-7682

www.jfsla.org/sova

MON - WED & FRI 10AM – 1:30PM

SUNDAY 9AM – 12PM

(closed 1st Tuesday)

HELP - 24/7 Resource Information

Dial - 211 Los Angeles County

Visit - 211LA.org; healthycity.org

Dial - 911 Emergency

People in Progress

Individuals and families

Substance Abuse

8140 Sunland Blvd.

Sun Valley 91352

(818) 768-7494

www.peopleinprogress.org

☯ We encourage all businesses to give a percentage of their income or profits to neighborhood charities as well as donate employee time toward community volunteer projects. ☯



STATISTICS

- Approximately 50,000 living without permanent shelter according to LA County count in January, 2009
- 9.3% or at least 5,000 reside in San Fernando Valley
- 15% of those living on the streets are children and youth in families
- 17,000 shelter beds in LA County for up to 50,000 living without shelter
- Few services are available in the San Fernando Valley compared to Los Angeles; no permanent, daily meal program exists in the SFV
- LA is the homeless capital of the nation and the “meanest” according to the National Coalition for the Homeless

PERCEPTION v. TRUTH

☯ Most who live without shelter are men.

Families with children are the fastest growing group facing life without shelter. Most fall into one of these segments - veteran, adult, family, youth or chronic.

☯ People are homeless because they are lazy.

The vast majority, including those who are mentally ill, would prefer to support a home. Many compounding factors contribute to homelessness including loss of a job, low-paying jobs, economic downturn, domestic violence, rising cost of housing, physical disabilities, mental illness, substance abuse and the lack of political and community will to be of service and create change.

☯ The homeless are dangerous—look the other way.

Caution should be exercised when approaching anyone unfamiliar; however, whenever possible, stop for a moment, look into her/his eyes and ask, “How are you today?” And then, listen.



For more information about our **programs and services** in the San Fernando Valley as well as **classes and workshops** through The ONE Center OR to **support us with a donation of any amount**, please call (818) 934-9769 or visit **manypathsworldservice.org**

Many Paths World Service is a 501(c)(3) nonprofit public benefit charity.
All donations are tax-deductible.

San Fernando Valley Quick Reference Guide



**for those who live
without shelter**

**North Hollywood, CA
(818) 934-9769
info@manypathsworldservice.org**